

TEACHING EMPOWERMENT OR TAKING CONTROL?

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TO BE INFLUENTIAL
PAUSE
TO BE INFLUENCED

*In the beginner's mind there are many possibilities but
in the expert's there are few*

Shunryu Suzuki

○ **COMMUNITY CONCEPTS:**

- ⇒ **least restrictive**
- ⇒ **appropriate**
- ⇒ **autonomy**
- ⇒ **choice**
- ⇒ **recovery**
- ⇒ **empowerment**
- ⇒ **responsible risk**

- ⇒ ***self*-directed**
- ⇒ ***self*-determination**
- ⇒ ***self*-advocacy**

○ **LANGUAGE PRECEDES COMPREHENSION
COMPREHENSION CHANGES WITH EXPERIENCE**

○ **How do these concepts influence us?**

- ✓ **What we SAY** ✓ **What we DO**
- ✓ **How we THINK**

✘ **How would an observer characterize the relationship between you and someone you support?**

✘ **How does momentum and convenience influence your actions?**

○ **BECOMING ASSERTIVE**

⇒ How did you learn ⇒ What happened?

○ **TO BE ASSERTIVE, WE...**

✓ *Reflect* ✓ *Consider* ✓ *Want*

✓ *Plan* ✓ *Take Action*

○ **WHO DO YOU VALUE MORE?**

⇒ **A SELF-DIRECTED PERSON?**

⇒ **A COMPLIANT PERSON?**

0 Aren't most behavioral intervention plans about trying to persuade someone that her/ his choices and actions are wrong?

□ **ETHICAL DILEMMA:**

To design and/or implement a behavioral intervention plan to make someone fit; to be compliant.

The best way to ruin a good idea is to misunderstand it misapply it and then say, It doesn't work.

○ **HOW ARE WE USING THE LANGUAGE OF COMMUNITY SUPPORT?**

- **Labeling people as self-advocates**
- **Telling people they are in charge and they can decide when they cannot**
- **Defining expressive people as challenging rather than unhappy, frustrated, unsatisfied**
- **Blaming people's errors on 'choice'**
- **Accepting the status quo as best practice**

○ **THE ROLE OF PATERNALISM & CONTROL**

***It's for her own good.
It's in his best interests***