

**Grassroots
Empowerment
Project**

www.GrassrootsPower.org

Project
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Career path To Recovery - Structure

March 2007

PRELIMINARY

Ashland
Wausau
Green Bay
Eau Claire
La Crosse
West Bend
Waukesha
Madison

Announce
Local networks
Peer centers
CSP, IL, AMI, ADRC
Talks, brochures

Peer Facilitators

Team
Train
Peerspec cert
Contin. Ed.

**A person
makes a step**

**No group
Resource
& refer?**

Join peer circle
take it one step at a time

Workbook chapters
Field trips

Soc Sec support
Resume

Big picture
Plan a way there

Options
Skills
Enterprise

Partners

Consultants
Mentors
Committees
Managers

Personal Plan

Map - Chart - List
Goals
long-mid-near
Contacts
Changes

Costs

Medicaid grant
CCS, DVR, IL, MC
market

**Expand
project**

Evaluate
Partner
Advocate
Promote
Market

Step out

DVR
Job
Training
Volunteer

Career path To Recovery - Culture

March 2007

Recovery means I am a full participant in the community and run my own life
Recovery means I no longer think of myself or am seen as being "mentally ill",
and instead think of myself
as a worker, parent, student, neighbor, friend, artist, tenant, lover, citizen
Recovery means I rely mostly on personal and social support
from outside the mental health system
Recovery means that I adapt to the stresses in life,
use them as growth opportunities, and live life on life's terms.

Member-run peer centers, Recovery centers, Clubhouses

Learning conversations

Recall hopes & dreams

Center on the person

Imagination matters

Self determination

SS work supports

Peer support

Opportunity

Knowledge

Flexibility

Network

Stories

Skills

Goals

Plans



**Grassroots
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Creating opportunities
for people with a mental illness
to exercise power in their lives